



The Glebe Practice and Skellingthorpe Health Centre Newsletter Spring 2017



Our CQC Report

Visit Date 10th January 2017

Are Services Caring? **We Scored: Good**

- We are rated higher than others for several aspects of care according to data from the national GP patient survey
- We treat patients with compassion, dignity and respect
- We maintain patient and information confidentiality

Are Services Effective? **We Scored: Good**

- Data shows that our patient outcomes are at or above average compared to the national average
- We carry out clinical audits and demonstrate quality improvement
- Our staff have the skills, knowledge and experience to deliver effective care and treatment

Are Services Responsive to People's Needs? **We Scored: Good**

- We review the needs of our local population and secure improvements to services where these are identified
- Most patients find it easy to make an appointment and we provide continuity of care
- We have good facilities and are well equipped to treat patients

Are Services Safe? **We Scored: Good**

- We have an effective system in place for reporting and recording significant events
- We assess and manage risks to patients
- We provide support, explanations, and apologies when things go wrong

Are Services Well-led? **We Scored: Good**

- We have a vision and strategy to deliver high quality care
- We have a clear leadership structure and staff feel supported by management
- We have a governance framework that supports the delivery of our strategy and good quality care

General News

- Between 1st December 2016 and 28th February 2017 **274 of our booked GP and Nurse appointments were unattended. That equates to over 45 hours of wasted clinician time** during the busy Winter months. Please ensure that you cancel unwanted appointments in advance so that other patients can make use of those slots.
- **Prescription prices** will rise to £8.60 from April 1st 2017.
- We will be closed for the following **Bank Holidays**:
Friday 14th April - Good Friday
Monday 17th April - Easter Monday
Monday 1st May - Early May
Monday 29th May - Spring
And we will be closed from 13:00 on the following days for **staff training**:
Tuesday 21st March
Tuesday 25th April
Tuesday 16th May

Welcoming New GPs to the Practice

As part of the International GP Recruitment Programme we have employed two new GPs from overseas who will be joining the practice later this Spring.

Dr Katarzyna Broad is a female GP from Poland and has interests in paediatrics and dermatology.

Dr Maxime Alessandrini is a male GP from France and has an interest in general medicine and addiction.

Both doctors are fully trained GPs and are moving to the UK, with their families, as part of the recruitment programme. Both doctors will offer a full range of general practice care across the Saxilby and Skellingthorpe sites. We hope to have their clinics up and running throughout the Summer.

The programme hopes to provide a solution to the diminishing GP workforce in Lincolnshire and we are happy to be part of the scheme.

Health News and Promotions



Take part in our NHS Friends and Family Test either on our website or in surgery



Vaccinations For The Over 65s

Have You Had Your Shingles Vaccination?

If you were aged **70, 71, 72, 73, 78 or 79** on **1st September 2016** you are eligible for the Shingles Vaccination and remain eligible until you turn 80 (the vaccine is not available for patients aged 80 or over). You can attend the surgery for your vaccine which is given as a single injection. You only need to have the vaccine once to help reduce your risk of getting shingles. If you are unfortunate enough to get the disease following the vaccine your symptoms may be milder and the illness shorter. You can have the vaccine even if you've had shingles before and it will help to boost your immunity against further attacks.

Have You Had Your Pneumonia Vaccine?

If you aged **65** or over you are eligible for the pneumococcal vaccination, also known as the pneumo jab. The vaccination protects against serious and potentially fatal pneumococcal infections and is given as a single injection which will protect you for life. If you are aged 65 or over and have still not received your vaccine please make an appointment with the nurse.

FREE NHS Health Check

If you are aged between **40-74** you are eligible for a **FREE** NHS Health Check. The health check is designed to spot the early signs of stroke, kidney disease, heart disease, type 2 diabetes and dementia. If you are aged 40-74 and do not already have a pre-existing condition you can book in with the nursing team for your health check. Your clinician will find ways to lower your risk of developing any of these conditions. Your health check can be carried out every five years.

Spring 2017 Health Calendar

March - All month - Prostate Cancer Awareness Month. 1 in 8 men are diagnosed with prostate cancer at some point in their lives.

April - All Month - Bowel Cancer Awareness Month

April 28th - On Your Feet Britain. Getting Britain moving #SitLess #MoveMore at work

May 8th-14th - Mental Health Awareness Week. Educating the public about mental health illness